



NELSON SENIORS CENTRE SOCIETY

We service the City of Nelson and outlying districts.

<http://www.nelsonseniorscentre.ca/>

Newsletter October 2026

From the Board

Our new art work is now up on the walls. We hope you enjoy the refreshed look and will make a point of checking out this excellent work by talented local artists. Artists displayed: Robin Grinell, Peter Vogelaar, Brenda Cavalier, Barbara Maytom, Grace Kim. The Art Committee worked hard to advertise, vet the submissions, keep track of everything and hang the art work. Thanks to our Art Committee: Sofia, Marilyn, Gayll (missing from photo) and Kathy (Art Committee Liaison).



Notice To Members:

As you know, the City has completed a renovation of the roof on the building which included the integration of a heat exchange unit that will supplement the current gas heating (winter) by providing cooling to our Centre (summer). There were some issues installing a thermostat that would work properly with the integrated system but that has now been resolved. The temporary air conditioner on the back wall attached to our air filtering system will be removed shortly.

What members need to know is that the thermostat for the heating/cooling system is permanently set and sealed to prevent people adjusting it. The temperature setting is optimum

for the majority but will, inevitably, be too cold or too hot for some members. Please be aware that you will need to deal with these issues by wearing either additional warm clothing or lighter clothing. There will be no opportunity to adjust the temperature ourselves. If we find that the temperature is consistently too hot or too cold for the majority we will have the option to contact Wayne Tatlow at the City to have him come in and readjust the permanent setting.

Activities and Events

Music and Movement?

We have a possibility of an exciting new activity group at the Centre. We've been approached by Ivan Touko who is prepared to volunteer to run a weekly activity group involving moving to music. He will use predominantly African dance music with its infectious rhythms and will lead the group in moving/dancing to this music. This will be a gentle way to add some activity and joy to your day. Ivan has years of experience running these kinds of activities. To start he is suggesting a trial session on Sunday, October 25. It would be a mix of Congolese rumba, Haitian Konpa and bachata, focused on repetition, social dancing and connection, and above all fun. He will volunteer his time for the session then we would ask for feedback and see whether members are interested in more. If you think this might be of interest, please send a short email to let us know because, as always, we need to be sure there will be enough participants in order to run the group.

2026 Spirit Tours - Nelson Haunted Tramway Tour Street Car #23

Haunted Heritage Tours Nelson

Lakeside Park Tram Stop

Saturday, October 10 • 5:30 PM - 6:30 PM



The Haunted Tramway Tour will take people on a paranormal adventure on Nelson's waterfront! Step aboard Nelson's historic StreetCar #23 for a chilling ride along the waterfront, where history and the paranormal meet. This special Haunted Heritage Tour invites you into a world of ghostly tales, mysterious happenings, and eerie legends rooted in the Kootenays' past.

The evening begins in Lakeside Park with an introduction to the fascinating world of the paranormal, exploring why Nelson has long been considered a hotbed of supernatural activity. From there, you'll journey through the city's haunted history with captivating stories, spine-tingling accounts, and firsthand experiences shared by Nelson Paranormal League founder, Chris Holland. Prepare for a spooky adventure filled with intrigue, mystery, and the echoes of those who may still linger in Nelson's shadows.

Seniors Social Meals



Civic Election

Just a reminder - The 2026 local election will be held Saturday, October 17, 2026. Eligible voters will elect one mayor and six councillors. Voting will take place at the Prestige Lakeside Resort & Convention Centre (701 Lakeside Drive) from 8:00 am to 8:00 pm. To get a free ride from a volunteer to the upcoming Nelson Civic Election, your best option is to contact the local campaign offices of the candidates running for office, as political campaigns routinely organize volunteer drivers to get voters to the polls.

Volunteer Profile



MARG ROBERTSON

Well this member is a lady with a colorful past.

Currently Marg serves on a number of volunteer Boards, including ours, plus volunteering at the SPCA and Habitat for Humanity. She has been our efficient and thorough Treasurer for the past 4 years. Her most recent, jaw dropping, contribution to seniors in our community has been to crochet 70 afghans for donation to seniors in need of warmth for the coming cold weather. Yes, you read that correctly. One woman, 70 completed afghans. In fact, Marg says, the goal is to produce 100 of them. Most of these beautiful lap warmers have been donated to seniors through Pam Hucal and the Adopt-a-Senior program. The rest will be kept at the Seniors Centre for use by members during activities. The yarn for this project was donated by members and friends of members so a big thank you goes out to these folks for their generous contribution!

Back to Marg's colorful past. She has done more things in her life than should be possible in many lifetimes. Here are some of them: Fork lift driver, baseball referee, wind surfer, skier, scuba diver, paddle boarder, competitive swimmer, private investigator, day care teacher, deportation officer and one of the first Fed Ex employees in Canada. Her love of baseball lead to her being inducted into the Baseball Hall of Fame in St. Mary's, Ontario as one of the first women umpires in the sport. She contributed a chapter to the publication *The History of Women in Baseball*. How is it possible for one human being to have accomplished so much?

Her hobbies are: reading, crocheting (obviously), playing cards, paddle boarding, swimming, cross word puzzles and walking/hiking. Her spirit guide is a flamingo. Thanks for all you do for the Centre, Marg!

AGM Meeting Notice

Monday, November 2, 2026 10:30 am

At that meeting we will be calling for volunteers to serve on the Board. Specifically we are looking for a Recording Secretary and at least 2 Members at Large who would be able to take on one time jobs as they arise. Please consider giving back to your Centre by sharing your time and skills. We need you.

Wellness Cards

If you know of anyone who is ill or troubled or has lost a loved one or needs some good thoughts please let Bev know so that she can send a card from the Seniors Centre.

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