Newsletter June 2025

Communication is our commitment to all members. Here we'll note items we'd like to bring to your attention. We always encourage feedback.

Simply email nelsonseniorscentre@gmail.com

Board Notes

- A new bike rack is going to be installed outside the Centre for those who ride their bikes.
- It was announced that the Wednesday downtown market has now been moved to Cottonwood Falls Park for the foreseeable future.
- Our Centre will be co-sponsoring a public talk along with The Office of the BC Seniors' Advocate and Nelson and District Seniors Coordinating Society. Seniors' Advocate, Dan Levitt, will be speaking at the Centre on Wednesday, July 16, 10:30-12. This is a free event.
- The minutes of our General Meeting held on May 5, 2025, are now available in a binder stored in the Centre's kitchen cubbyhole.
- Look for a bright new painting on the Centre's window coming soon for summer. An Artist and Seniors Centre member, Jen Callow, is working on a new design to welcome summer.

Volunteer Spotlight

As part of our ongoing appreciation for our volunteers, we will be featuring different volunteers in each newsletter. Each person plays a vital role in making our Centre the vibrant place it is.

Meet Sharon Browning — Our Reverse Trailblazer!

Most people start their journey with a few volunteer hours here and there, eventually growing into leadership roles. Not Sharon! She flipped the script and jumped straight onto our board four years ago — feet first, full of energy, and ready to make a difference. It wasn't long before she also dove into the hands-on volunteer work that keeps our community buzzing.

Sharon wears many hats and, somehow, she makes it all look easy. She collects delicious bakery goodies from Save-on and Safeway (yes, she's partly responsible for those tasty treats we all enjoy), keeps our library in order, and makes sure the refreshments are ready and waiting for not one, but *two* different groups.

Behind the scenes, Sharon is also the board's Communications Director — the steady hand behind our website, the friendly voice behind email replies, and the mastermind who keeps our events calendar and membership list ticking along smoothly.

When asked what drives her to do so much, Sharon simply said, "Because it's fun!" For her, being involved — whether organizing books or building a better website — is about connection, joy, and the satisfaction of helping make something wonderful happen.

We're lucky to have Sharon in our corner — part powerhouse, part Centre cheerleader, all heart. Thanks Sharon!

Community Connections

Here we highlight organizations that either directly support our Centre or offer activities that may be of interest to our members

NELSON REPAIR CAFÉ - FIRST EVENT JULY 5th!

Join them for Nelson's first Repair Café — a free community event where you can bring broken items and fix them with the help of skilled volunteers!

Date: Saturday, July 5th, 2025
Time: 10:00 AM – 3:00 PM
Location: Nelson District Rod & Gun Club Hall

They 'll be helping repair:

- • Small appliances
- • Clothing & textiles
- • Bikes
- • Electronics
- • Small furniture or tools

Want to volunteer? Visit: RepairCafeNelson.ca to sign up! This event is made possible thanks to a Neighbourhood Small Grant from the Osprey Community Foundation and the Vancouver Foundation.

That's it for now. Thanks for reading!

Our vision is to promote companionship in an inclusive, caring, and a supportive environment.

Is there anything you want to know about what's happening at the Centre? You can email us to let us know what's on your mind. And why not forward the newsletter to friends?

It's best to add nelsonseniorscentre@gmail.com to your contacts list.